

## Coaching & Consulting

### *Effective Leadership Tools*

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### Program Description

**In today's business world, leading, coaching and consulting go hand in hand as essential tools for effectiveness.** Whether you're an executive responsible for coaching a leadership candidate, communicating your values or visions, whether you're an HR professional working with an individual or a business unit, the rewards from improving your coaching/consulting skills are many.

This interactive workshop defines the unique role of the coach/consultant. It provides strategies for positive, clear and objective coaching solutions for even the most challenging situations. An experienced Nyman coach will provide perspectives, options, and hands-on exercises to enhance your leadership success.

### You'll benefit by learning:

- The guiding principles and goals of coaching/consulting
- The personal attributes of an effective coach/consultant
- The differences and commonalities between a coaching and a consultant
- A step-by-step process for conducting an effective coaching/consulting session
- How to uncover needs, evaluate options and frame issues
- The impact of power, rights, and interest-based strategies
- What your coaching style is and adaptation strategies for maximum impact
- How to balance emotions – yours and theirs

**Maximum participants:** 15

**Program length:** 1 day