

Executive Coaching

Develop your style and strengthen the necessary skills for success

These individual coaching programs (self-sponsored) address the immediate and long-term challenges of leadership in an intensive, high-impact series of sessions.

Nyman coaches clarify objectives, support the individual, and provide cross-industry perspective. We determine each client's strengths and weaknesses through a personalized evaluation, then proceed with an established Nyman coaching process.

Depending on individual needs and goals, this program may focus on:

- Executive presence: style and substance
- Interpersonal communication skills
- Self-perception vs. others
- Presentation skills
- Formal public speaking
- Performance Intervention
- Conflict resolution
- Negotiation skills
- Decision making
- Leading/Building Teams
- Strategic planning
- Board relationships
- Impromptu speaking
- Meeting leadership
- Executive retreats
- Writing skills

Our goal is to help clients develop their style and strengthen the critical skills and perspectives necessary for success.

With a focus on behavioral change and a results-driven approach, executive coaching benefits our clients by:

- Preparing individuals for future roles and an increase in scope of responsibility.
- Identifying and eliminating behavioral blind spots.
- Accelerating leadership development for top performers.
- Retention of valued contributors.
- Cultural adaptation for experienced executives transitioning to a new environment.